

CMS Regulatory Changes: Regulation & PRN Psychotropic Medication List

CMS has issued Interpretive Guidelines for nursing homes which will be implemented on November 28, 2017.

Among the issues addressed is the use of anti-psychotics in nursing homes. §483.45(e)(5), “PRN orders for anti-psychotic drugs are limited to 14 days and cannot be renewed unless the attending physician or prescribing practitioner evaluates the resident for the appropriateness of that medication.”

The required evaluation of a resident before writing a new PRN order for an antipsychotic entails the attending physician or prescribing practitioner directly examining the resident and assessing the resident’s current condition and progress to determine if the PRN antipsychotic medication is still needed. **As part of the evaluation, the attending physician or prescribing practitioner should, at a minimum, determine and document the following in the resident’s medical record:**

- 1) Is the antipsychotic medication still needed on a PRN basis?;
- 2) What is the benefit of the medication to the resident? and
- 3) Have the resident’s expressions or indications of distress improved as a result of the PRN medication?

§483.45(c)(3) A psychotropic drug is any drug that affects brain activities associated with mental processes and behavior. These drugs include, but are not limited to in the following categories: (i) Anti-psychotic; (ii) Anti-depressant; (iii) Anti-anxiety; and (iv) Hypnotic

Anti-Psychotics:

Generic	Brand
ARIPiprazole	Abilify, Abilify Maintena
Asenapine	Saphris
Brexipiprazole	Rexulti
Cariprazine	Vraylar
lloperidone	Fanapt
Lurasidone	Latuda
Molindone	Moban
OLANZapine	ZyPREXA
Paliperidone	Invega
QUetiapine	SEROque
RisperDONE	RisperDAL
Ziprasidone	Geodon
ChlorproMAZINE	Thorazine
CloZAPine	Clozaril, FazaClo, Versacloz
FluPHENAZine	Prolixin
Haloperidol	Haldol
Loxapine	Loxitane
Perphenazine	Trilafon
Pimavanserin	Nuplazid
Pimozide	Orap
Thioridazine	Mellaril
Thiothixene	Navane

Anti-Depressant:

Generic	Brand
Citalopram	Celexa
Escitalopram	Lexapro
Fluoxetine	Prozac, Sarafem
Fluvoxamine	Luvox
Paroxetine	Paxil
Sertraline	Zoloft
Desvenlafaxine	Pristiq
Duloxetine	Cymbalta
Levomilnacipran	Fetzima
Manacipran	Savella
Vanlafaxine	Effexor
Trazodone	Desyrel
Vilazodone	Viibryd
Nefazodone	Serzone
Bupropion	Wellbutrin
Mirtazapine	Remeron
Amitriptyline	Elavil
Amoxapine	Asendin
Clomipramine	Anafranil
Desipramine	Norpramin
Doxepine	Silenor, Sinequan
Imipramine	Tofranil
Maprotiline	Ludiomil
Nortriptyline	Pamelor
Protriptyline	Vivactil
Trimipramine	Surmontil
Isocarboxazid	Marplan
Phenelzine	Nardil
Selegiline	Eldepryl
Tranycypromine	Parnate

Anti-Anxiety:

Generic	Brand
Lorazepam	Ativan
Clonazepam	Klonopin
chlordiazpoxide	Librium
Oxazepam	Serax
Clorazepate	Tranxane
Diazepam	Valium
Alprazolam	Xanax
Buspirone	Buspar

Hypnotics:

Generic	Brand
Butabarbital	Butisol
Doxepin	Silenor
Estazolam	Prosom
Eszopiclone	Lunesta
Flurazepam	Dalmane, Dalmadorm
Quazepam	Doral
Ramelteon	Rozerem
Secobarbital	Seconal
Suvorexant	Belsomra
Tasimelteon	Hettioz
Temazepam	Restoril
Triazolam	Halcion
Zaleplon	Sonata
Zolpidem	Ambien, Edular, Intermezzo, Zolpimist